




For Students

Build resilience.
Seek support.
Keep going.



RESILIENCE
AT UTM

Campus and community supports for students experiencing distress.

Emergency Services (24/7)

Fire, Police, Ambulance _____ 911

UTM Campus Safety (emergency) _____ 905-569-4333

After Hours Community Crisis Supports

U of T Telus Health Student Support _____ 1-844-451-9700

THSS offers students free, immediate, confidential, multilingual counselling and support for school, health and general life concerns. THSS also offers diversity-specific community supports. Available 24/7 by phone and through the THSS app.

24/7 Crisis Support Peel Dufferin _____ 905-278-9036

Good2Talk (student distress) _____ 1-866-925-5454

Sexual Assault Centre of Peel _____ 1-800-810-0180

Mississauga Hospital
Emergency Department _____ 100 Queensway West
Mississauga

Credit Valley Hospital
Emergency Department _____ 2200 Eglinton Ave. West
Mississauga

U of T Safety Services

Community Safety Office _____ 416-978-1485

WalkSafer Program _____ 905-828-5200

UTM Support Services

UTM Campus Safety (inquiries regarding non-urgent safety issues, 24/7) _____ 905-828-5200

Accessibility Services _____ 905-569-4699

Equity & Diversity Office _____ 905-569-4916

Health & Counselling Centre _____ 905-828-5255

Sexual Violence Prevention
& Support Centre _____ 416-978-2266