

Note-Taking Systems

Description	<i>An introduction to the Matrix method of note-taking.</i>
Link	https://youtu.be/y6sR_C4NPXc

Matrix

Another note-taking method is the matrix method. A matrix is a visual tool that can help you to organize lecture information.

You can create tables with different headings and subheadings to show connections and comparisons. In this example, a table has been made to show the different ways to make a behaviour happen more often and how to make a behavior occur less often.

This is the handwritten version of the same matrix.

Advantages

- The Matrix method is really useful because it organizes the ideas in the lecture in a way that is easy to read.
- By using tables, it makes it easier to see the connections and comparisons between different concepts

Disadvantages

- However, it can be difficult to use this method during lecture. You will need at least some prior knowledge of the lecture material to be able to create the structure of the table.

It is recommended that the Matrix method is used after the lecture to reorganize your notes.