



DEPARTMENT OF RECREATION, ATHLETICS & WELLNESS

Fitness Facilitator

Are you looking for challenging, meaningful work in a supportive and diverse environment? Are you looking for a career at one of Canada's top employers? Work where the world comes to think, discover and learn. Consider a career at the University of Toronto.

The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of color, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.

Deadline to apply:	Wednesday, October 16, 2024
Number of Positions:	3-4
Rate of Pay:	\$19.00
Position Start Date:	Wednesday, October 30, 2024 (tentative)
Position End Date:	Saturday, May 3, 2025
Number of Hours per Week:	Up to 14 hours per week. Must be willing to work a consistent schedule of 2-3 shifts per week. Including early mornings, afternoons, evenings, and weekend shift rotation.
Classification:	USW Casual
Summary	<p>Reporting to an assigned Fitness Program Specialist, the Fitness Facilitators are entry-level customer service representatives and support the safety of fitness spaces. Facilitators will monitor the safe use of multiple physical activity and fitness spaces and equipment and uphold facility policies and procedures at the Recreation, Athletics and Wellness Centre. This involves having general knowledge of the equipment and activities being monitored and entry-level familiarity with gym spaces to ensure patron safety and enjoyment, assisting to orient members of the proper use of that equipment and space.</p> <p>Core responsibilities include:</p> <ul style="list-style-type: none"> • Facilitate the health and safety of spaces and members (e.g., space cleanliness and tidiness, equipment usage, first aid emergency responding, injury/incident reporting); • Support with set up and tear down of various fitness program offerings within our fitness and strength & conditioning facilities, including recreational group fitness workouts, athletic training, personal and group training, and external group training; • Co-create welcoming Fitness spaces by engaging and supporting customers; • Support Fitness Program Specialist in their responsibilities (e.g., daily cleaning, equipment inspections and maintenance reporting); • Accurately record participation data and other statistics/feedback as instructed; • Communicate across departmental units (i.e., Facilities, Welcome Services, sports, Wellness) to maintain fitness spaces; • Contribute to daily operational tasks and other projects as assigned.
Qualifications:	<p>Education:</p> <ul style="list-style-type: none"> • Actively pursuing a degree at the University of Toronto.



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	<p>Experience:</p> <ul style="list-style-type: none"> • Working experience or strong interest in health, wellness, fitness, and physical education is required. • Customer service experience in a work or volunteer setting is preferred. • Personal Training or Fitness Instructor certifications is an asset. <p>Skills:</p> <ul style="list-style-type: none"> • Excellent communication (oral and written) and listening skills is required. • Demonstrated application of critical thinking and problem-solving skills. • Demonstrated ability to work with a diverse group of people in a team and with various client populations. • Strong ability to multi-task and manage priorities. • Demonstrated commitment to ensuring equitable customer service experiences, working with people and communities marginalized from gym. <p>Certifications Required: CPR-C; issued by Canadian Red Cross, Lifesaving Society, or St. John’s Ambulance dated not more than one (1) year prior to your start date. Standard First Aid; issued by Canadian Red Cross, Lifesaving Society, or St. John Ambulance dated not more than three (3) years prior to your start date.</p> <p>Other: All successful candidates will be required to actively participate in all staff training and ongoing professional development workshop</p>
Method of Application:	<p>Please send your resume, covering letter, copies of certifications and three references to: andrew.bellerby@utoronto.ca Subject line should include title of position.</p> <p>In the cover letter, please answer the following questions (1-page max):</p> <ol style="list-style-type: none"> 1. Please share your direct or related experience working in a gym/fitness space. 2. What does customer service look like to you? Give an example of how you would demonstrate this in a gym setting. <p>We thank all applicants for their interest; however, only those applicants selected for further consideration will be contacted.</p>
Contact Information:	<p>Andrew Bellerby Supervisor, Recreation and Fitness andrew.bellerby@utoronto.ca University of Toronto Mississauga - Recreation, Athletic & Wellness Centre 3359 Mississauga Road Mississauga, ON L5L 1C6</p>
Date Posted:	Oct 1, 2024