

DEPARTMENT OF RECREATION, **ATHLETICS & WELLNESS**

UTM Moves: UTM Walks Lead (Work-Study)

The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of colour, women, Indigenous / Aboriginal People of North

Deadline:	Sunday, August 4, 2024 by 11:59PM
Number of	1
Positions:	
Rate of Pay:	The Work Study pay rate is starting at \$16.55 /hr
Position Start	August 26, 2024 (tentative)
Date:	
Position End Date:	March 30, 2025
Number of Hours	Up to 15 hours per week. Must be willing to work varying day, evening and possible
per Week:	weekends
Classification:	Work-Study (Fall/Winter)
Summary:	About UTM Moves:
	UTM Moves is a peer-based wellness education and community-building program at
	the Department of Recreation, Athletics & Wellness. Through diverse programming
	initiatives, UTM Moves highlights the benefits of movement and physical activity for
	student wellbeing and academic success, and aims to make physical activity inclusive,
	accessible, and fun for all UTM students.
	Visit <u>uoft.me/utmmoves</u> and/or follow <u>@utm_athletics</u> on Instagram for all the latest
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updates about upcoming UTM Moves events and initiatives.

Role Overview:

Reporting to the Supervisor, Wellness Programs, the UTM Moves: UTM Walks Lead is responsible for the development, implementation, and evaluation of the UTM Walks (outdoor wellness walks) series as part of the UTM Moves Program in the Department of Recreation, Athletics & Wellness (DRAW).

Key Responsibilities:

- Designing and developing the UTM Walks program (outdoor wellness walks) tailored to the needs and interests of the university community
- Creating comprehensive program plans, including route planning, schedules, themes, safety protocols, and engagement activities
- Overseeing the execution of wellness walks, ensuring they run smoothly and safely
- Managing logistics including staffing, participant registration, and on-site coordination
- Liaising with a wide range of campus stakeholders, including student groups, clubs, staff, and faculty to partner on and co-facilitate walks
- Researching and synthesizing research and literature pertaining to the benefits of walking to physical and mental wellness, and personal and academic success
- Supporting marketing strategies to promote wellness initiatives through various channels, including social media, email newsletters, campus posters, website,
- Supporting program evaluation efforts, including collecting and analyzing data, preparing comprehensive reports to inform future event planning and program improvements



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	Additional Responsibilities:
	Collaborating with a wide range of campus stakeholders, including student groups,
	clubs, staff, and faculty to enhance program offerings, increase reach, and
	integrate wellness initiatives into broader campus life
	Supporting and staffing UTM Moves events and initiatives
	Attending and contributing to regular team meetings to share progress and updates
	Referring students to DRAW programs and resources, and maintaining up-to-date
	knowledge of available supports on campus and in the community
	Representing the Department of Recreation, Athletics and Wellness and the
	University of Toronto Mississauga in a respectful, professional and inclusive
	manner
	Performing any additional relevant duties and tasks as designated by the
	Supervisor, Wellness Programs
Qualifications:	Key Qualifications:
	Must be a University of Toronto Mississauga student enrolled during the 2024/25
	academic year and be in good academic standing
	Successful completion of a minimum of 2 years of university study
	Mandatory attendance at all training sessions (Last week of August 2024)
	Certification in First Aid Standard & CPR is an asset
	Demonstrated experience in developing and implementing campus events
	Strong organizational and project management skills with the ability to manage
	multiple tasks simultaneously
	Excellent communication and interpersonal skills, with the ability to engage and
	inspire diverse audiences
	Creative and strategic thinking abilities to develop innovative wellness programs
	and events
	Additional Qualifications:
	Interest in student health, wellness, fitness, and/or athletics
	Leadership and teamwork skills
	High level of initiative and self-motivation
	Ability to work flexible hours, including evenings and weekends, as required for
	event execution
	Ability to work independently as well as in a team setting
	Knowledge of University of Toronto campus resources
	Appreciation for equity, diversity and inclusion-related issues
	Proficient knowledge around Microsoft 365 (Word, Excel, PowerPoint)
Method of	Deadline to Apply: Sunday, August 4, 2024 by 11:59PM
Application:	Dodding to Apply Canady, Adgast 1, 2021 by 11100111
• •	Please send your resume and cover letter to: Ravinder.gabble@utoronto.ca (see
	contact details below).
	We thank all applicants for their interest in the position, however only those applicants
	selected for further consideration will be contacted.
Contact	RAVI GABBLE, MPH
Information:	Supervisor, Wellness Programs
	Department of Recreation, Athletics, & Wellness
	University of Toronto Mississauga
	RA062, 3359 Mississauga Rd
	Mississauga, ON, L5L 1C6



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utm.utoronto.ca/athletics



